

**The LEND Self-Advocacy Discipline
Network presents:**

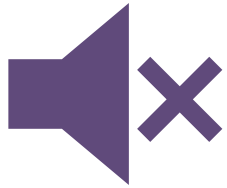
Introduction to the LEND Self-Advocacy Discipline Competencies

December 1, 2022

3:00 PM – 4:00 PM ET



A project of AUCD to support Autism CARES programs



- Ensure your name is displayed correctly in the participant list. You may also include program/org and preferred pronouns.
 - Hover over your name in the “Participants” box and select “More” → “Rename”
- Please remain muted unless speaking and state your name prior to speaking
- Time for questions will be at the end of the webinar presentation
- Captioning is available
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- Meeting is being recorded and will be archived
- Use chat box to introduce yourself (Name, Program, What are you looking forward to during the holidays?)

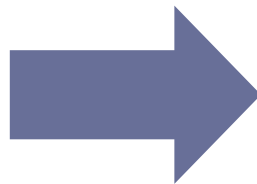


How would you describe yourself? Please check all that apply.

- LEND Self-Advocate Faculty
- LEND Director
- LEND Training Director
- LEND Faculty (other disciplines)
- LEND Self-Advocate Trainee
- LEND Trainee (other disciplines)
- I have a different role

- Interdisciplinary Technical Assistance Center (ITAC) on Autism and Developmental Disabilities
- A project of AUCD that supports Autism CARES programs
- We provide technical assistance to interdisciplinary training programs (such as LEND and DBP programs)

Scan the
QR Code to
learn more





Kruti Acharya, MD

- Associate Professor, Disability and Human Development at the University of Illinois Chicago
- Director of Illinois LEND
- Leads the LEND Self-Advocacy Discipline Network (LSDN), an ITAC workgroup

The LEND Self-Advocacy Discipline Network (LSDN)

- To strengthen the Self-Advocacy Discipline across the LEND network by supporting Self-Advocate trainees and faculty, developing best practices, and providing leadership opportunities across the LEND network.
- Meets bi-monthly on the **first Wednesday, 3:00 PM ET**
- **Current Projects:**
 - Tip Sheet: Guidance on Stipends Affecting Benefits for Self-Advocates
 - Webinar: Recruitment and Selection of Self-Advocate Trainees- What is the Right Fit?
 - Tip Sheet: Role of Self-Advocate Faculty



Jairo Arana
University of Miami
Mailman Center
LEND



Mary Angus
Munroe-Meyer
Institute
Nebraska LEND



Shelly Baer
University of Miami
Mailman Center
LEND



**McCafferty S.
Kermon**
Arizona LEND

- Understand the need for and the purpose of the LEND Self-Advocacy Discipline Competencies.
- Introduce ways to use the competencies to meet discipline-specific learning and leadership goals for the trainee.
- Explain how the competencies could enhance the interdisciplinary learning goals of ALL LEND trainees by providing more in-depth disability content.

The competencies **ARE NOT** a separate curriculum

- They supplement the MCHB Competencies, they do *not* replace them.

The competencies **ARE NOT** a requirement

- They are a guide offering suggestions to spark ideas on how to meet the discipline-specific learning needs and leadership goals of a Self-Advocate trainee.

Why the Competences were Created

- Self-Advocacy is not a professional discipline.
- There are no structures of professional requirements in place to direct a trainee's learning.
- Competencies were created to offer a structure to meet the leadership goals of a Self-Advocate, including those with IDD.

- Help to identify areas of interest and measure skill level at the beginning of LEND training.
- Identify learning and leadership goals.
- Create a personalized learning and leadership plan.
- Measure progress at the completion of LEND training.

1. Self-Advocacy
2. Disability Civil Rights Movement & Other Models of Disability
3. Advocacy and Policy
4. Disability Culture
5. Diversity, Equity, and Inclusion

Disability Civil Rights Movement (DCRM) & Other Models of Disability

Definition: The DCRM started when people with disabilities began to advocate for equal rights in the United States. It was inspired by the American Civil Rights Movement, a group advocating for the equality of Black Americans since the 1950s. “Nothing About Us Without Us” is a motto of the DCRM. A Model of Disability is a description of how or why disability is the way it is. It affects how people with disabilities are talked about and treated in their community. The two most common models of disability are the social model and the medical model.

Self-Advocates will know the following:

1. The way the DCRM has changed the lives of people with disabilities for the better.
2. The different Models of Disability and how they are used by the community.
3. How the DCRM and Models of Disability are connected.

Learning Objective: Explain the Disability Civil Rights Movement

Recommended Activities:

- Watch Crip Camp and talk about the video with other trainees.
- Name important and well-known disability civil rights leaders and describe their leadership styles.
- Look up national and state laws that protect people with disabilities.

- Review the five (5) Competencies and the Self-Assessment scale. The Self-Assessment score informs the objectives aligned with the trainee's learning goals.
- Trainee will focus on 2 or 3 competencies.
- Use the learning plan included in each Competency to pick learning objectives.
- Check the possible activities provided with each learning objective for the trainee to complete.

[LSDN Self-Advocacy Discipline Competencies Resource List FINAL.xlsx](#)

- The competencies are a teaching tool for the SA Faculty or Faculty Mentor.
- For new SA Faculty, use facilitated discussion guide (Appendix 3).
- SA Faculty or Faculty/Mentor will familiarize themselves with the 5 competencies and activities.
- Be mindful of your trainee's learning style.
- Establish a regular meeting time. Frequency and duration will be personalized by the trainee's wants and needs over the course of the training.

- Program director shares SA Competencies alongside the MCHB Competencies.
- Incorporate comprehensive activities into your LEND curriculum.
- The SA discipline adds to the interdisciplinary learning organically by utilizing the Competencies, ex. Civil Rights activity.

- Ready to use with your trainees!
- LEND Program Quality Improvement (LPQI)
 - Helps individual LEND training programs improve the quality of LEND training in core competencies (family-professional partnership, interdisciplinary teams, advocacy/policy) through two measurement tools (trainee self-report and faculty observation).
 - In 2023-24, the LPQI Network will be reviewing and updating all current competencies/measurement tools. This includes determining how best to incorporate Self-Advocacy within the measurement tools.

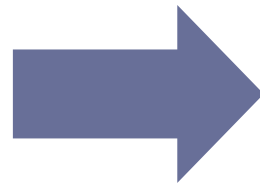
Questions?

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Self-Advocacy Competencies?**

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- The recording will be archived and available within 1 week.
- Please take 2 minutes to provide feedback on today's webinar: <https://www.surveymonkey.com/r/LENDSACompetencies>

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